



Andrew Gause's Martial Arts

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Class Focus	Basics/Forms	Basics/Forms	Kicking/Sparring	Kicking/Sparring	Various	Various
TKD Tigers All Belts (4-5 yrs old)	6:20 pm - 6:55 pm	6:20 pm - 6:55 pm	6:20 pm - 6:55 pm	6:20 pm - 6:55 pm		9:40 am - 10:15 am
Children No Belt to Gold (5-12 yrs old)	5:20 pm - 6:10 pm		5:20 pm - 6:10 pm			
Children Gold Stripe and Up (5-12 yrs old)		5:20 pm - 6:10 pm		5:20 pm - 6:10 pm		
Family No Belt to Gold (5 & Up)	7:20 pm - 8:10 pm	6:20 pm - 7:10 pm	7:20 pm - 8:10 pm	6:20 pm - 7:10 pm	5:20 pm - 6:10 pm	10:20 am - 11:10 am
Family Gold Stripe to Blue Stripe (5 & Up)	6:20 pm - 7:10 pm 7:20 pm - 8:10 pm	7:20 pm - 8:10 pm	6:20 pm - 7:10 pm 7:20 pm - 8:10 pm	7:20 pm - 8:10 pm	5:20 pm - 6:10 pm	10:20 am - 11:10 am
Family Brown Belt & Up (5 & Up)	7:20 pm - 8:10 pm	7:20 pm - 8:10 pm	7:20 pm - 8:10 pm	7:20 pm - 8:10 pm		11:20 am - 12:10 pm
Black Belt Training Members Only						10:20 am - 11:10 am Brown Belt and Up
Black Belt Training Members Only						11:20 am - 12:10 pm No Belt to Blue Stripe
Hapkido Members Only		8:15 pm - 9:30 pm		8:15 pm - 9:30 pm		

Updated 7-1-2021

ABOUT OUR CLASSES:

Ages 4 - Early 5: Our youngest students (TKD Tigers)
 Ages 5 - 12: May attend Children and/or Family classes based on rank
 Ages 12 and up: May attend both Teen, Adult and Family classes based on rank

FIRST CLASS: Mon | Tues | Wed | Thurs | Fri | Sat at _____:_____ AM | PM

TRANSPORTION FROM SCHOOL:

Our bus picks up After School Martial Arts students from North Springfield, Ravenworth, Canterbury Woods, Wakefield Forest, Kings Park, Kings Glen, and Braddock Elementary School.



SPECIAL OFFER

\$150 Trial**

One Month of Taekwondo Lessons plus a FREE Uniform

Train 2 times per week

**Offer limited for new students only. Does not apply to camps

(703) 321-0300
www.RVTKD.com

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